

LINNEA LEAVER MAVRIDES, Psy.D.
464 9th Street
Brooklyn, NY 11215
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Drlinneamavrides@gmail.com

EDUCATION

LONG ISLAND UNIVERSITY, C.W. Post Campus, Brookville, NY

Clinical Psychology Doctoral Program

Psy.D., M.S., Clinical Psychology

Concentration: Severe and Persistent Mental Illness

Dissertation: *Countertransference, Process, and Progress in Psychodynamic Child Therapy*. Committee: Geoffrey Goodman, Ph.D., Chair; Suzanne Phillips, Psy.D., Celeste Schneider, Ph.D.

CITY UNIVERSITY OF NEW YORK, Hunter College, New York, NY

General Psychology Master of Arts Program

Coursework: Developmental Psychopathology and independent study on attachment

AMHERST COLLEGE, Amherst, MA

B.A., Psychology, *magna cum laude*

Certificate in African Studies

UNIVERSITY OF ZIMBABWE, Harare, Zimbabwe

Pitzer College Study Abroad Program

Coursework: Culture, language, law, and gender studies

PROFESSIONAL APPOINTMENTS

- Feb. 2014 – Present **Licensed Clinical Psychologist in Private Practice, Linnea L. Mavrides, Psy.D., PLLC**, New York State License #019659, Brooklyn and New York, NY
Engage patients seeking individual, couples, parent-infant dyadic, and group treatment in a private practice setting. Specialize in areas of trauma, perinatal/postpartum mood disorders, and infant attachment.
- January 2015 – June 2016 **Invited Peer Reviewer, APA Division 35 Journal “Women and Therapy”**
Reviewed manuscripts submitted for publication to journal in area of expertise, perinatal issues.
- May 2013 – June 2016 **Invited Reviewer, APA Division 35 Psychotherapy with Women Award**
Reviewed manuscripts submitted for journal’s annual award.
- May 2010 – Present **Adjunct Professor and Community Supervisor, Long Island University, Clinical Psychology Doctoral Program, Brookville, NY**
Honored with university-wide Adjunct Teaching Award in 2013. Taught courses in history and systems of psychology and professional development, including preparation for internship, to clinical psychology doctoral students (2010-14). Gave orientation seminar on writing in clinical psychology to entering students (2014). Served as Clinical Competency Exam (CCE) committee member (2013-15). Served as dissertation committee member to five students (2015-18). Serve as clinical supervisor to one student per year (2015-present). Participate in annual admissions interviews for new applicants. Lead virtual monthly support group for students who are parents or are pregnant (2016-present).
- Sept. 2010 – June 2013 **Clinical Psychologist, New York Harbor Healthcare System, Staten Island Community-Based Outpatient Clinic, Staten Island, NY**
Conducted short- and long-term outpatient psychotherapy with veterans with co-morbid medical and/or substance abuse problems and mental health concerns. Led weekly support group for veterans with chronic health and stress problems. Provided mental health consultation and intervention in weekly interdisciplinary group medical appointments for up to 12 veterans. Evaluated veterans seeking mental health services, bariatric surgery, and treatments for hepatitis-C and chronic pain. Collaborated with three medical teams to organize multi-

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disciplinary interventions for high-risk patients. Provided consultation to medical teams regarding team dynamics and communication. Assisted in the development of student training programs and served as assessment supervisor to interns and externs.

Sept. 2006 – August 2008

Childbirth Doula, CD(DONA), In Private Practice, Brooklyn, NY

Conducted intake interviews of pregnant mothers and couples seeking labor doula services. Assessed clients for anxiety, depression, and childbirth preferences. Provided childbirth counseling and education. Provided continuous emotional and physical support to laboring woman and her partner. Instructed mothers in breastfeeding and newborn care immediately after birth. Assessed post-partum depression symptoms.

CLINICAL TRAINING

Jan. 2017 – Present

Peer Supervision Group, Brooklyn, NY

Organize and host monthly peer supervision group with three other licensed psychologists.

Sept. 2014 – June 2016

Parent-Infant Attachment and Treatment Study Group, Dr. Beatrice Beebe, New York, NY

Participate in weekly (for first year and then monthly in second year) discussion of literature and review of videotaped material concerning the assessment and treatment of mother-infant attachment problems.

Sept. 2009 – Sept. 2010

Clinical Psychology Intern, New York Harbor Healthcare System, Brooklyn VA Medical Center, Brooklyn, NY

Conducted outpatient psychotherapy with individuals and couples. Conducted short-term psychotherapy with individuals and their families on inpatient oncology and palliative care medical unit. Conducted psychological and neuropsychological assessments. Co-led psychotherapy group for Vietnam veterans with PTSD. Evaluated psychological functioning of inpatients on oncology/palliative care unit and outpatients with chronic pain and hepatitis-C. Led weekly psychotherapy groups for individuals with chronic pain and hepatitis-C. Evaluated patients for liver transplant surgeries.

Oct. 2008 – June 2009

Psychology Extern, The Jewish Board of Family and Children's Services, Pride of Judea Community Services, Douglaston, NY

Conducted psychotherapy with 8-10 children, adults, and families per week. Conducted psychological assessments. Co-led therapy group for middle school boys with ADHD.

July – August 2008

Graduate Student Examiner, Long Island University, C.W. Post Campus, Psychological Services Center, Brookville, NY

Performed intake, psychodiagnostic testing, and feedback session with one adult patient.

Sept. 2007 – June 2008

Adult Psychology Extern, Kings County Hospital Center, Behavioral Science Department, Brooklyn, NY

Conducted individual therapy twice weekly with two adult psychiatric inpatients. Co-led inpatient psychotherapy groups twice weekly. Co-led weekly community meetings on inpatient unit. Assisted in conducting intake interviews and Mental Status Exams on inpatient unit and in Comprehensive Psychiatric Emergency Program. Conducted weekly individual therapy with one adult outpatient. Co-led weekly women's psychotherapy group in Continuing Day Treatment Program. Conducted psychological testing.

Sept. 2006 – July 2007

Graduate Student Therapist, Long Island University, C.W. Post Campus, Psychological Services Center, Brookville, NY

Conducted weekly individual outpatient psychotherapy with child, adolescent, and adult clients, including play therapy and anger-management therapy. Conducted psychological testing.

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Sept. 2004 – June 2005 **Graduate Student Therapist, Long Island University, C.W. Post Campus, Psychological Services Center, Brookville, NY**
Co-led three 10-week social skills groups for DD children ages 6-11. Provided supportive therapy to one adult outpatient.

RESEARCH EXPERIENCE

- August 2018 – Present **Dissertation Committee Member for Elise Cohen, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation qualitatively examining the experience of parents whose children have undergone treatment for encopresis
- March 2018 – Present **Dissertation Committee Member for Rebecca Lieberman, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *The Good Enough Student: Balancing a Clinical Psychology Doctoral Program and Parenthood*, examining the stressors experienced by parents in doctoral programs and the supports they need
- March 2015 – Present **Dissertation Committee Member for Maura Cullen, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *Mourning in the Room: A Phenomenological Exploration of Trainee Losses During Clinical Practice at the Doctoral Level*, examining the impact of loss on clinical trainee experience
- Jan. 2016 – Sept. 2017 **Dissertation Committee Member for Mia Shorteno-Fraser, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *The Impact of Sibling Rivalry on The Relationship between Attachment Style and Social Competence in Young Adults*, examined the relationships between attachment style, Interpersonal competence, and sibling rivalry
- March 2015 – Dec. 2016 **Dissertation Committee Member for Vicky Mesrie, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *Trainee Attachment to Supervisor and Perceptions of Novice Therapist Self-Efficacy: The Moderating Role of Level of Experience*, examined attachment style of novice therapists to their supervisors and the relationship to their ratings of counseling self-efficacy
- Oct. 2014 – Jan. 2017 **Dissertation Committee Member for Lilly Magid, M.S., Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *Mortality Salience and Motherhood*, qualitatively examined the existential anxiety incurred by first-time mothers
- Sept. 2006 – Sept. 2010 **Lead Researcher, Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Brookville, NY**
Doctoral dissertation, *Countertransference, Process, and Progress in Psychodynamic Child Therapy*, examined countertransference in a single case of psychodynamic play therapy utilizing Q-sort methodology
- Oct. 2005 – March 2006 **Research Assistant, Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Lab of Geoffrey Goodman, Ph.D., Brookville, NY**
Transcribed Adult Attachment Interviews for study of psychiatrically hospitalized pre-pubertal children and a comparison group to understand the relations between maternal and child attachment.
- Sept. 2004 – May 2005 **Research Assistant, Long Island University, C.W. Post Campus, Clinical Psychology Doctoral Program, Office of Robert Keisner, Ph.D., Brookville, NY**

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Investigated issues of concern for the Director of the program, including diversity content in curriculum, moving program to a new location, and developing financial resources for students.

Sept. – Dec. 2003

Research Assistant, City University of New York, Hunter College, Psychology Department, Lab of Kenneth Levy, Ph.D., New York, NY

Transcribed Adult Attachment Interviews for study of treatment of Borderline Personality Disorder. Attended monthly lab meetings.

Sept. 1998 – April 1999

Lead Researcher, Amherst College, Psychology Department; Advisor: Elizabeth Aries, Ph.D., Amherst, MA

Undergraduate Honors Thesis: *Situational and Dispositional Influences on Body Image*

AWARDS AND HONORS

2013 LIU-Post Exceptional Adjunct Teaching Award

2010 C.W. Post Clinical Psychology Doctoral Program Award for Outstanding Academic Achievement

2008 C.W. Post Clinical Psychology Doctoral Program Award for Academic and Professional Achievement

2002 Gracie Allen Award, The Association of American Women in Radio and TV

1999 Psi-Chi Psychology Honor Society

PRESENTATIONS

“What Is It Like to ‘Grow Up’ In a Dual/Duel Orientation Program?” Panelist in presentation regarding LIU-Post’s dual orientation clinical psychology doctoral program at SEPI Conference 2018, New York, NY, June 2018.

“Miss Representation.” Moderator of discussion with parents and students following screening of movie at the Berkeley Carroll School, Brooklyn, NY, March 2018.

“The Mask You Live In.” Moderator of discussion with parents and students following screening of movie at the Berkeley Carroll School, Brooklyn, NY, February 2018.

“Screenagers.” Moderator of discussion with parents following screening of movie at the Berkeley Carroll School, Brooklyn, NY, January 2017.

“On Veterans Day: How Veterans Have Shaped Psychology.” Invited speaker at Veterans Day celebration, Park Slope Center for Successful Aging, Brooklyn, NY, November 2016.

“Birth and Beyond Unplugged.” Co-presenter in course for expectant moms at City Births, New York, NY, December 2014.

“Writing in Clinical Psychology.” Presented to incoming students at the Clinical Psychology Doctoral Program at Long Island University-Post, Brookville, NY, August 2013.

“The DIGMA Model of Care.” Co-presenter to ten integrated care teams at the Northport VA Hospital, Northport, New York, June 2012.

“Countertransference and Process in Psychodynamic Child Therapy.” Co-author of paper presented to Society for Psychotherapy Research Conference in Asilomar, California, June 2010.

“Clinical Psychology with Greek-American Clients.” Co-presenter to Behavioral Science Multicultural Clinical Program at Kings County Hospital Center, Brooklyn, New York, March 2008.

SPECIALIZED TRAINING

Writing for Publication in Couple and Family Therapy, Ackerman Institute for the Family, New York, NY, Oct.-May 2018

Emotionally Focused Therapy for Couples, Ackerman Institute for the Family, New York, NY, June 2017

Integrating Family Systems and Sex Therapy For Assessment and Interventions in Couples Therapy, Ackerman Institute for the Family, New York, NY, November 2016

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Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships, Ackerman Institute for the Family, New York, NY, September 2016

Maternal Mental Health Intensive, The Seleni Institute, New York, NY, January 2016

Postpartum Depression Training, The Postpartum Stress Center, Rosemont, PA, September 2015

Sensitive Confrontation and Timely Reflection: The Art and the Science of Working with Traumatized Mothers and their Toddlers with and without Video-Feedback Exposure, Adelphi University, New York, NY, May 2015

Smoking Cessation with Mental Health Patients, Bronx VA, March 2011

Prevention and Management of Disturbed Behavior, Brooklyn VA, October 2010

Medical Home Model of Care, Various VA locations, October 2010 – May 2013

Cognitive Processing Therapy, Brooklyn VA, November 2009

Motivational Interviewing, Manhattan VA, September 2009

Dialectical Behavior Therapy, Long Island University-C.W. Post Campus, May 2008

Family Therapy, Long Island University-C.W. Post Campus, June 2007

Safe Zone Training for LGBT Community Contact, Long Island University-C.W. Post Campus, April 2005

PROFESSIONAL MEMBERSHIP

American Group Psychotherapy Association (AGPA)

American Psychological Association (APA)

APA Division 12, Society of Clinical Psychology

APA Division 35, Society for the Psychology of Women

Association for Pre- and Perinatal Psychology and Health (APPAH)

Doulas of North America (DONA)

International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)

International Society for the Psychological Treatments of the Schizophrenias and Other Psychoses (ISPS-US)

New York Center for Emotionally Focused Therapy (NYCEFT)

New York State Psychological Association (NYSPA)

Society for the Exploration of Psychotherapy Integration (SEPI)

PREVIOUS PROFESSIONAL EMPLOYMENT

Freelance Writer (1999-2006)

Wrote articles for various national and New York City publications, including *Self*, *Time Out NY*, *Psychology Today*, and *Lifetimetv.com*. Authored chapter, "School days: A primer," in Parents magazine book *It Worked for Me!* New York: St. Martin's Griffin.

Lifetime Television, *Lifetimetv.com*, Editor and Writer (2000-2004)

Assigned and edited fitness, health, sports, financial, astrological, and psychological articles. Managed a stable of freelance writers. Wrote entertainment content, including celebrity profiles and interviews.

Parents Magazine, Associate Editor (2000)

Wrote, assigned, and edited front-of-book and feature articles for monthly national magazine.

New Woman MAGAZINE, Editorial Assistant (1999)

Wrote, assigned, and edited front-of-book articles for monthly national magazine. These articles tended to concern psychology, fitness, and political topics.